



# Infusion site care while using VYALEV treatment



## Follow aseptic techniques

This means using sterile practices when administering VYALEV to reduce the risk of infection.

It is important that you wash your hands with soap and water and dry them, use alcohol pads to wipe the top of the solution vial, and clean the surfaces before and after an infusion.



## Maintain general hygiene

Prepare your skin where you plan to insert your cannula. Clean it thoroughly with an alcohol pad prior to infusion. Make sure to let the infusion site dry for at least a minute before inserting the cannula.



## Monitor for any skin changes

Monitor for changes at the infusion site that could indicate infection, abscess and cellulitis. This may include redness, warmth, swelling, pain and discolouration. If this occurs, call your prescribing specialist straight away.



## Rotate your infusion sites

Rotate your infusion site **at least every 3 days**, using a new infusion set (tubing, insertion device and cannula). You may need to change the infusion site more often than every 3 days, if you notice any of the above skin changes or if advised by your prescribing specialist.



## Keep distance between infusion sites

Ensure your new infusion sites are **at least 2.5 cm away** from your previous sites within the last 12 days. You can use the Infusion Site Tracker to help you keep track of this.

# Skin management around your infusion site

In addition to following the steps outlined on the previous page, here are some things you can do that may help to maintain skin integrity around the infusion site:



## Spike ball

A spike ball may be used to massage the skin around the infusion site for at least 10 minutes a day, for a few days after the needle is removed from the site. This may help to resolve any nodules (small lumps) that may form under your skin.

Speak to your prescribing specialist for practical tips to support a good massage technique.



## Massage

If you don't have a spike ball, you may simply massage your skin around the infusion site softly with your hand or a hand-held massage device for at least 10 minutes a day.



## Cold compress

Applying a cold compress to the infusion site may help to reduce swelling and redness, if needed.

**Tell your prescribing specialist if you notice any changes at the infusion site. Some skin changes can lead to more serious side effects, such as infection, abscess or cellulitis, and should be managed by a healthcare professional straight away.**

Always speak to your prescribing specialist if you have questions about your condition or treatment. Please refer to the Consumer Medicine Information (CMI) before starting VYALEV treatment. You can find the CMI online at [abbv.ie/au-vylv-cmi](http://abbv.ie/au-vylv-cmi), by scanning the QR code or from your pharmacist.



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