



TREATMENT OPTIMISATION CHECKLIST

Treatment optimisation day

Date: _____ Time: _____

Venue: _____

What to expect at treatment optimisation

- Treatment optimisation is when your prescribing specialist sets an optimal dose for your VYALEV medication.
- An AbbVie Care nurse consultant may also be involved in the optimisation of your VYALEV medication, working alongside your prescribing specialist.
- Follow your prescribing specialist's instructions on how to manage your oral medications on the morning of your optimisation. Tick the appropriate instruction from your prescribing specialist and write any additional instructions in the space provided below.

☐ Take your medications as usual on the morning of optimisation.

OR

☐ DO NOT take your Parkinson's disease medication on the day of optimisation.

- The optimisation may take 2–5 hours each day and may be completed in one day or you may need to return the following day(s) for further adjustments. Your prescribing specialist will inform you of the expected duration of your treatment optimisation.
- You may be asked to go for a walk during the day wearing your pump. This could be a good time to get a coffee, have morning tea or lunch.
- Your prescribing specialist will assess your response to your treatment and adjust the dose accordingly.
- Your healthcare team will take the opportunity to educate you further on your treatment and delivery system.
- Your healthcare team will discuss what is going to happen overnight on day one of optimisation (e.g. receive a phone call, change your pump battery). Record this in the space provided below.

Optimisation Day 2 (if required)

Date: _____ Time: _____

Venue: _____

What to expect on the day (ask your healthcare team):

Optimisation Day 3 (if required)

Date: _____ Time: _____

Venue: _____

What to expect on the day (ask your healthcare team):

A demonstration pump is likely to be used during your treatment education. Upon initiation, VYALEV medication will be dispensed and the VYAFUSER® Pump will be provided to you. VYALEV supporting items and any ongoing supplies will be delivered to your nominated address.

If you have any questions about your condition and treatment, discuss them with your prescribing specialist.

Preparing for treatment optimisation

It is important to come prepared for your treatment optimisation. Make sure to bring:

- ☐ Your current Parkinson's disease medications, in their packaging with clear labels.
- ☐ A list of other medications you may be taking, including prescription and over-the-counter medications, vitamins, supplements, and herbal remedies.
- ☐ Medicare and private health insurance details.
- ☐ Any mobility aids you may be using, e.g. a four-wheel walker.
- ☐ Any hearing aids and glasses.
- ☐ A list of names and telephone numbers of family or friends to call, if needed.
- ☐ Mobile phone, tablet and/or laptop.

Also, consider:

- Wearing comfortable clothing that allows easy access to your abdomen (stomach) for your treatment infusion, as well as supportive shoes.
- Having your carer or support person to accompany you on the day.
- Your dietary requirements.
- The logistics of getting to your appointment – public transport, driving and parking.

During the optimisation process, it's important that you learn how to:

- ☐ Load the syringe with medication
- ☐ Change the syringe in the pump
- ☐ Change the infusion site
- ☐ Charge the pump battery
- ☐ Change the pump battery

Your next appointment with your prescribing specialist post-optimisation

Date: _____ Time: _____

Venue: _____



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